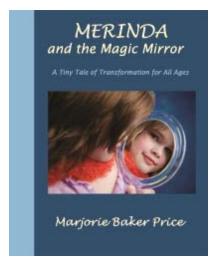
## Your Magic Mirror – An Empowerment Workshop for Self-Healing, Recovery and Transformation

Marjorie Baker Price, Centering Tools™



## Sat Feb 1 from 1-3 pm Carmen Clark Lodge at the Brighton Town Park 777 Westfall Rd 14620

## \$36 includes Merinda and the Magic Mirror

This dynamic workshop focuses on exploring your inner child as a key recovery and self-healing practice. The child within is the ongoing center of development and empowerment. When we can safely, gently and imaginatively connect with that center we can profoundly release trauma, and forgive. Forgiveness is a byproduct, or serendipitous, response that always occurs when we come to the end stage of grief - acceptance.

## The focus of this intensive is twofold:

- to "rescue" your child within from wherever she or he may be "trapped" in stages of unfinished grief
- to discover and develop your endlessly and unconditionally loving inner spiritual parent, who can profoundly partner with your recovered and freed inner child for completion

Through experiencing these twofold multidimensional processes, you can restore and activate your true and empowered self in any and all aspects of your life. I will include key concepts and the spiritual self-recovery story of my recently-published and nationally distributed fable, <u>Merinda</u> and the Magic Mirror: A Tiny Tale of Transformation for All Ages.



Through the nurturing and transformational original guided meditations and journaling exercises in this workshop you will discover and create, on a whole new level, your higher self. You will greatly expand your authentic sense of who and what you are, and where you truly belong. You will form a foundation from which you can miraculously create in your life what you truly want - and release what you come to understand no longer serves your greater good - from a whole new place of clarity, trust and presence.

*Space is limited.* To register, email Marjorie@centeringtools.com or call 585-244-6210. Fee includes all materials. Major credit/debit cards accepted. For related information visit <a href="www.centeringtools.com">www.centeringtools.com</a>